## How to Make Friendship Bracelets:

## 12 Fun Friendshí Brocelet Patterns:



ALLFREEJEWELRYMAKING

# How to Make Friendship Bracelets: 12 Fun Friendship Bracelet Patterns! 

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Hey jewelry fans,

No matter how the fads and fashions change over the years, there's one thing that never goes out of style-friendship! Many of us were first introduced to the art of jewelry design by making friendship bracelets on the playground at recess, but friendship bracelets have come a long way since our playground days, and they're not just for kids anymore! Accessory enthusiasts of all ages are sporting "BFF bangles" these days, and even the term "friendship bracelet" has expanded to include a wide variety of bracelet designs, as this collection proves! In this eBook, you'll find friendship bracelet patterns of all kinds, from traditional embroidery floss designs to more modern interpretations of the classic concept. This pattern book includes macrame projects, beginner-friendly braided bracelets, bead weaving, and even painting! But no matter what techniques or materials they incorporate, there's one thing these friendship bracelet patterns all have in common: They're tons of fun to make, both for yourself and your friends! So spread the love and make some of these fabulous friendship bracelets with your best pals today. You could even print out an extra copy of this free eBook collection for your BFF as well! Hey, that's what friends are for, right?

This eBook is a collection of friendship bracelet patterns from our favorite bloggers and jewelry designers all together in one place for your crafting convenience.

You can find more tutorials, tips, and jewelry making ideas at www.AllFreeJewelryMaking.com.
Our eBooks, like all our jewelry making projects, are absolutely FREE to members of our jewelry making community. Please feel free to share with family and friends and ask them to sign up at our Web site for our free e-mail newsletter.

Happy creating!

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## Wavy Friendship Bracelet

By: Kristiina from Typical House Cat

Create a bracelet that's sure to make waves among your friends with this eye-catching pattern. This sizzling friendship bracelet design just screams summer, but it's so fun and fabulous, you'll probably want to wear it all year long! Don't be intimidated by this tutorial; the techniques are probably easier than you think.


## Materials:

- three colors of Chinese knotting cord, about 60 inches of each color
- about 25 inches of rattail or other round cording
- a box lid
- a thread burner or a lighter
- some scrap rattail or yard



## Instructions:

1. First, fold your scrap rattail and the rattail you are using in half and thread them through each other. Wrap it around your box lid lengthwise like this.

2.) Fold the three strands of Chinese knotting cord in half and put the loop under the rattail; pull it through. Arrange the strands in order from darker to lighter from outer to inner. Now, the original bracelet used four strands of slightly lighter weight knotting cord folded in half. You can use as many as you would like, but with the heavier cord I thought it looked better with three.

3.) Take the first blue strand and fold it over the first strand of rattail like the number 4. Then pull it through the loop, pull the end tight and push the knot up the cord. Make a second knot and move on to the second strand of rattail and repeat the process.

4.) Keep going with the rest of the strands, but be sure not to pull the first knot too tight because you need to leave enough slack for the loop.

5.) Next, do the same going from right to left; instead of making 4, do the mirror image of it. You're basically doing an exact mirror image of everything you just did: two knots with each strand of knotting cord over each strand of rattail.

6.) Except after the first strand, you should be able to take the bracelet off of the box lid. I just tied it to my coffee table leg but you could do the back of a chair or whatever you like. But you want the rattail strands to be loose so that they can start to wave as you make the bracelet.

7.) Keep going back and forth, left to right, right to left, with all of the strands until you get the bracelet to the desired length. Then you can take it off of your coffee table and get out your thread burner. Start with the lightest color of knotting cord and press the tip of the thread burner against the knot to seal it up. Then pull the thread through the loop of the thread burner and use it to cut the cord. Repeat on the rest of the cords.

8.) Now, if you don't have a thread burner, or if yours breaks like mine did halfway through my second bracelet, I figured out another way to make it work with a lighter. I don't have pictures but hopefully I can explain it well enough. Hold the bracelet with one hand and with the rattail strands pulled to the side, then with the other hand snip off the ends and grab your lighter, don't touch the flame to the knotting cord but hold it close enough to seal the knots. Trim the ends of the rattail but leave a couple of inches so that can put your bracelet on. Voila!

9.) To put it on, slide the ends of through the loop and tie a knot.


## Revamped "Tie-Dye" Friendship Bracelets

By: Allison from The Quiet Lion

If you thought friendship bracelets were just for kids, think again. This tutorial is a revamped version of the childhood classic that is a bit more adult but still tons of fun. The mix of colored embroidery floss strands creates a faux "tie-dye" effect, while the chic charms add a touch of "zen" and allow for easy personalization. Best of all, these braided beauties require minimal materials, so they're a totally fuss-free project to while away an afternoon.


## Materials:

- scissors
- small charms
- embroidery floss


## Instructions:

1. Gather materials. Needed are scissors, small charms, and embroidery floss. Use as many colors as you want. Each color combination will have different results!

2.) Cut your embroidery floss. I used about 1 foot of the floss, but my wrists are small. It's better to cut more than less. I used about 11 strands of my floss. Now, separate the floss into its individual threads (tedious!!) and lay out on your table, being careful not to tangle them.

3.) Group all of your individual threads into three big groups, making sure you get a varied amount of colors in each group. Knot at the top and braid. You should get a nice "tie-dye" effect!

4.) Knot at the end, when it's long enough to tie on your wrist.


Make them in a variety of colors! Also, vary the amount of strands you use to make thinner and thicker bracelets.

6.) To add charms, simply place charms on a

7.) You are finished! Add as many or as few as you want!
I made a set out of my three friendship bracelets with coordinating charms.


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## Friendship Bracelet Bangles

By: Ann from A Girl in Paradise
Love the look of friendship bracelets but not willing to commit to a summer-long accessory? Then these brilliant bangles are the solution for you! This innovative bangle upcycle takes classic friendship-bracelet-making techniques and applies them to a bangle bracelet for a fabulous set of friendship bangles you can don and doff as you please.


## Materials:

- old bangle bracelets (preferably smooth and not embellished)
- embroidery floss



## Instructions:

1.) I cut my floss about 45 inches long, and my bangles were about a 3-inch circle.
2.) Also, I didn't knot it at the beginning; it creates too much of a lump. Just wrap the floss around the bangle. Once you start the knots, it will stay in place. You should have two tails, and they should be of equal length.

3.) Then you're going to use a basic knot around all the floss and the bangle. I did 10 knots for each color, repeating the pattern all the way around the bangle. To have enough floss to make it all the way around the bangle, make sure you use all of one color before using the next. Thus, once I started knotting, I used the same blue thread until it was too short; then I used the second blue thread to finish off the bracelet.

4.) When I got to the end, I knotted it and cut the tails off, leaving about an inch. Then with a little white glue, I wrapped the tails around the knot to cover it up.


## Crystal Friendship Bracelets

By: Erin from Thanks, I Made It

Floss is fun, but bling is better! Add some "razzle dazzle" to your friendship bracelet designs by knotting rhinestones into the cord with this easy tutorial. Who said friendship bracelets can't be glamorous? Bling out your BFF's wrists with these marvelous macramé bracelets.


## Materials:

- colored cord
- baguette or rectangle-shaped crystals/rhinestones in sew-on setting
- scissors
- tape
- clear nail polish (optional, but helpful!)



## Instructions:

1.) Cut each color of cord into a 54-inch piece. Knot the strings together so that you have a tail of each color at least 9 inches long, with two long tails.

2.) Tape the knot end in place; then secure the short tails of string to your surface as well. At this point, it's helpful to rub a drop of clear nail polish onto each short end of the string and allow to dry. This will prevent the string from fraying.

3.) Begin knotting the string using a basic square macramé knot. (You can find a tutorial on it here.) The trick to two-colored macramé is that you want to always use the same color string to make the first loop (in my case, orange), alternating sides for each knot like in the photos below. By doing so, I kept the strings in the middle orange and the loops along the edge pink.

4.) Once you've knotted about 2 inches of your bracelet, slide one of the sew-on crystals onto the short center strings by threading through the holes in the setting. Form a knot around the crystal.

5.) Pull the knot tightly; then tie a second knot. Add a second crystal like before. Continue alternating knots and crystals until you've added enough.

6.) Finish off the bracelet with more square macramé knots. Tie all four loose ends of string together into a simple double knot. Happy making!


## Chan Luu Inspired Tube Bracelets

By: Donatella from Inspiration \& Realisation

There's nothing more fashionable than friendship. These macramé tube bead bracelets are designer-inspired and summery chic. They beg to be made in a multitude of colors, so knot up a whole bevy of bracelets and share them with all your best pals. They'll be grateful to have such a crafty and stylish friend!


## Materials:

- embroidery floss in one or two tones of your choice (or crochet cotton yarn)
- silver-plated curved noodle tube bead $5 \mathrm{~mm} \times 30 \mathrm{~mm}$
- two-hole buttons, Mother of Pearl 15 mm
- scissors
- painter's tape



## Instructions:

This friendship bracelet consists of the "half knot twist," probably the simplest macramé knot. You can use a solid color or two different colors; it's easier to follow the tutorial with two colors, though.
1.) Prepare the embroidery floss as follows:

* color 1 (mint) - one strand 19 inches
long (the core); one strand 4 yards long
* color 2 (ivory) - one strand 4 yards
long
2.) Pass each piece of floss into the two holes of the button and place the button right in the middle

3.) Tape the button and the lower part of the floss used for the core. Each floss will be used double-stranded.

4.) Start by making the figure of the number "4" with the ivory by passing UNDER the core and OVER the mint.

5.) The mint floss goes OVER the ivory AND the core and UNDER the side of the "4."

6.) Tie the knot really tightly until it reaches the bottom part of the button.

7.) Keep doing the same knot over and over; always start forming the " 4 " from the left side. A few knots later, you'll see that the cord will start to twist!

NOTE: It will get really twisty! Don't panic; untwist the floss and keep going. (Make sure while un-twisting to place the color on the same side where it was while twisted.)

8.) Keep going until you've reached the length of your wrist + some slack + 1-1/2 inches. (In my case, the total length from the base of the button is 9 inches.)

9.) Thread the curved tube bead onto the bracelet.

10.) Tie a knot at the end of the twist; then fold the last part and create a "button hole" by making another overhead knot. Trim the floss evenly. DONE!


This is how the twist looks just under the button: polished and clean!


## ASOS Braided Friendship Bracelets

By: Allison from The Quiet Lion

For bracelets that are as colorful and fun as your friendship, try these designer-inspired DIY pieces. When stacked, these funky friendship bracelets have an intricate and eclectic look, but they're actually made by simply braiding together embroidery floss and bead trim. Because they're braided, these bracelets work up extra quickly, which means you'll have time to make a whole rainbow of bracelets. Add some skull charms for extra edge if you like!


## Materials:

- embroidery floss
- scissors
- small gold charms
- a bead and crimp for closure
- plastic bead trim
- tape


## Instructions:

1.) Gather materials. Needed are embroidery floss, scissors, a small gold charm (doesn't have to be a skull, pick anything you and your friends like!), a bead and crimp for closure, plastic bead trim (this was leftover from a Christmas project, but you can buy this at a craft store) and tape.

2.) Start the braid. I used a couple strands of embroidery floss per color for a thicker braid and folded the long strands in half so I could make a loop closure at the end. I cut the strands about four times what I needed for the length of the bracelet, and this ended up being plenty of string (when you fold them they will be two times the size of your bracelet). Take your bead trim, place it in the center of the loop you make with your folded floss. Take a piece of cotton thread or beading floss and tie all the strands together, making the knot nice and tight right after that first bead in the trim.

3.) Glue this knot to hold your start together. Tape your loop at the top of your workspace, and braid your strands together.

4.) At the end, repeat what we did at the top (tying with thread, gluing knot); then snip the trim right after the bead which is tied. Thread your crimp onto one floss piece, and thread on the bead. Then thread back through the crimp. Crimp shut. Cut excess, and cut the excess floss that you didn't use. Glue this knot to hold.

5.) Add your charm to the middle of the bracelet. Finished!



## Crochet Beaded Friendship Bracelets

By: ChiWei from One Dog Woof

Friendship bracelets can be made in a variety of ways—even with crochet! This crocheted friendship bracelet design is perfect for a pair of yarn-loving pals. Hook up a whole bunch of bracelets in your pal's favorite colors, or stack them all up on your own wrist for an awesome arm party.


## Materials:

- 2.5 mm crochet hook
- 6 strand embroidery thread
- 30 size 6 glass beads
- large sewing needle small enough to go through the beads


## Abbreviations:

sl st: slip stitch
ch: chain
st: stitch

## Instructions:

Thread 30 seed beads onto your embroidery floss.

Row 1: Leave a 7-8 inch tail. Ch. 39. Turn.

Row 2: SI st in back ridge of the 2nd ch from hook. SI st in each chain across. Turn.

Row 3: Ch. 1. Sl st in each of next 4 st. Sl st a bead in each of next 30 st. SI st next 4 st. Turn.

The bead part isn't as hard as it sounds. Push each bead tightly to the work before inserting your hook into the stitch to complete the slip stitch. The bead should now be on the right of your hook, while the unused beads continue to be on the left of the hook (for right-handers).

Row 4: Ch 1. Sl st in each st across. Leave a 7-8 inch tail and fasten off.


Now you have the body of the bracelet with two tails on the same side of the bracelet. Cut three lengths of embroidery floss, each about 14-15 inches (twice the length of a tail). Loop one of the strands on the end with the tails, and loop the other two strands on the other end so you have four "tails" on each end of the bracelet. You can use a lark's knot or just tie it however you need to secure it to the body.

Now work a 4-way braid on each end. The length of the braid is up to you-it'll depend on whether you want to make the bracelet adjustable or just tie the ends together. If you want to make the ends adjustable, you'll have to create a macramé knot (or a series of square knots) to hold the two ends together.


For mine, I ended the braids with a knot, added a couple more beads and tied another knot to hold them in place. The finishing touches are completely up to you!


## Jeweled Macrame Bracelet

By: Stephanie from Henry Happened
Gems make everything better! Dress up your friendship bracelet designs with some oldschool glamor using antique jewels. The combination of casual cord and sparkling gems gives these friendship bracelets effortless elegance. You'll be the most fabulous friends on the scene with these bejeweled beauties adorning your wrists.


## Materials:

- natural braiding cord
- two small jump rings for each bracelet (mine were about 4 mm )
- antique jewels with two loops



## Instructions:

1.) Attach a small jump ring to each of the loops on the jewel.

2.) Cut four pieces of cord: two 40-inch pieces (the outer working cord) and two 15-inch pieces (the base cord).
3.) Thread one 40-inch cord and one 15 -inch cord through one jump ring. Keeping the longer working cord on the outside, pull the 15 -inch base cord taut in the center and tape it down.

4.) Now braid a square knot. Cross the left strand over the base strands. Then cross the right strand over top of the left strand. Pass the right strand under the center strands and up through the loop. Pull the cord tight, keeping the base strands straight.

5.) Tie the same knot, starting on the right side. Cross the right strand over the base strands. Then cross the left strand over top of the right strand. Pass the left strand under the center strands and up through the loop. Pull tight.
6.) Keep alternating the knots until the bracelet reaches halfway around your wrist. Repeat on the other side of the bracelet.

7.) To make the closure, knot all four strands on one side of the bracelet and cut the ends. On the other side, make a small loop with the middle base cords and knot. Knot the outer cords and snip the ends. Dab a bit of glue on the ends if you want.

## DIY Silk + Chain Friendship Bracelet

By: Erin from Thanks, I Made It
You might have a hard time giving away these super chic friendship bracelets to your pals... Luckily, they're super quick and easy to make, so you can whip up enough for both you and your BFF in a matter of minutes. Silk ribbon and chain are the main ingredients for this friendship bracelet design. Then all it takes is simple braiding to get this trendy look.


## Materials:

- silk cord, 2 feet of each of the three colors
- 2 inches of chain (I used 10 mm )
- clasp and jump rings (I used 10 mm rings)
- scissors
- jewelry pliers



## Instructions:

1.) Cut the cords into three pieces (two of each color) 12 inches long each.
2.) Loop three of the cords through the last link of chain and, keeping each color together, braid the cords about 2 inches. Tie cord into a knot. Repeat with remaining cord on other end of the chain.

3.) Add jump rings and clasp to the knots with the pliers. Trim the cord if needed. Finished!


## Classic Spiral Friendship Bracelet

By: Marjorie from Living with Three Moon Babies

Looking for a more traditional friendship bracelet design? This classic "spiral" knotting technique is probably one of the first ways many of us learned to make friendship bracelets. This tutorial shows you a neat idea for using a piece of T-shirt yarn as the base of your bracelet, giving it some stretch so you can easily get it on and off. Get the kids in on the fun with this pattern!


## Materials:

- a long piece of T-shirt yarn in any color (you can also make by cutting a long strip of T-shirt about an inch wide and pulling the ends to stretch and lengthen)
- embroidery floss/thread in as many colors as you choose
- a safety pin



## Instructions:

1.) Tie a loop at one end of the T-shirt yarn with an overhand knot.

2.) Safety pin the looped piece of T-shirt yarn to your knee. Cut the embroidery floss in long pieces (around 40 inches in length of each color, depending on wrist size and the amount of different colors used). Tie (with a double knot) the group of embroidery threads to the top of the piece of T-shirt yarn as close to the knot of the loop as possible, leaving a couple inches of length on one end and the bulk of length on the other.

3.) Hold down the long portion of the T-shirt yarn and all pieces of embroidery thread, including the short ends, except for length of embroidery thread in the color you want to show up. Take the chosen color and cross over everything else, making a "4" shape. Wrap around everything else and come up through the loop created by the chosen color of embroidery thread; pull the thread up towards the safety pin/top loop to tighten the knot. Repeat this way of knotting (a forward knot) until you want to change colors. The entire bracelet is made of forward knots in alternating colors.

4.) Continue knotting, alternating colors as desired.

5.) Once you have knotted about an inch or two down in length, you are free to cut off the short ends of the embroidery floss. Do not cut the long pieces of thread or T-shirt yarn off!

6.) After you have reached the desired length of your knotting, you split the amount of embroidery threads in two and tie a triple knot around the T-shirt yarn. Trim the ends of the embroidery thread.

7.) To tie onto your wrist, slip the leftover length of T-shirt yarn through the top loop and knot. Cut off excess length of T-shirt yarn on both ends (near the top loop and the end piece). And...you are...FINISHED!

The good thing about using the T-shirt yarn is that it has a bit of stretch to it, so the bracelets are easy to slip on and off...making them easier to share and give to friends!


## Punch and Judy Friendship Bracelet By: Allison from The Quiet Lion

For a less "run-of-the-mill" look, try this beaded friendship bracelet design. The addition of the multi-colored seed beads gives the piece a Native American-loomwork feel that is simply beautiful. All your friends are going to want to get their hands on one of these, so be sure to share the wealth!


## Materials:

- seed beads
- a clasp
- thin wire (I believe it was 26 gauge)
- embroidery floss
- pliers
- scissors



## Instructions:

1.) Cut a length of wire (size depends on how big/long you want to make the beaded panel, but a couple of feet will be plenty). Thread on four beads; then thread the other end of wire through the beads in the opposite way, securing on the beads. Push the beads down to the center of the wire.

2.) Thread on four beads of a different color, and again thread the other end through the opposite way. Push the beads down to sit right on top of your first layer. Repeat with another color. Keep building your panel in this way, increasing by one bead after about four rows of four beads. I did about four rows of five beads, then a row of six, a row of seven, then a row of six, four rows of five, and then four rows of four. You don't have to follow this exactly, but make sure you gradually increase then gradually decrease for a symmetrical panel. When it was long enough, I threaded my extra wire back through the second to last row and cut right at the end of those black beads. I super-glued the ends so they would hold and weren't pokey.

3.) Cut a length of embroidery floss, about 30 inches. Fold it in half. Fold in half again. You should end up with a group of four strands of floss. Take this full group and thread the end (starting with the side with two cut ends of floss) through the first two rows of your bead panel. Thread on so that half of the floss is on one side of the panel and the rest is on the other side. Take the side of the floss that has the two loops as ends (the other side will have one end and two cut ends, where you cut the floss), also the side that is facing you. Separate this side into two groups of two threads; it should separate naturally. Take your side with the four threads and bring it back over the bead panel towards you and through the very end of the side facing you, through the two groupings you just made.

4.) Continue pulling until your knot forms. When it is fully tightened, it should look like the picture below. Two threads will be on one side of the group of four threads, and the other two will be on the other side. This knot is also called a Lark's Head.

5.) You can add beads to the ends; tie knots to hold. To wear, simply tie the floss into a knot at the back and let the beads dangle! Super cool and handmade-looking!


## Rainbow Wrap Friendship Bracelet

 By: Stacie from Stars for StreetlightsEmbrace your inner Picasso with this pretty painted friendship bracelet project! If you're bored with embroidery floss and beads, this chic leather cord design might be more your speed. Mod Podge is the magic ingredient that makes this bracelet design possible. The bright boho vibe is perfect for adding a pop of color to any summer ensemble.


## Materials:

- leather cording (a little over 2 feet)
- paint
- a bead
- Fabric Mod Podge



## Instructions:

1.) Start by tying the knots. You need to fold your cording in half and make a little loop in the middle. (Make sure the loop is a good size to fit around the bead-not too big or too small.)

2.) Then take the ends of your cording and tie knots on either side of your bead.

3.) Then you can start painting little strips on the leather!
4.) Finish the bracelet off by sealing the paint with a bit of Fabric Mod Podge. This stuff is so great because it is a wonderful sealant that will prevent your paint from chipping off—and it's flexible!


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